

City of Atlanta Dolphins Swim Team
3rd Annual Luqman R. El-Amin Invitational
November 13-15 , 2009

Sanction:	Sanctioned by Georgia Swimming, Inc. Sanction #
Computer Filename:	The computer file is NOV09-CAD. All exchange of computer data should use the same file name.
Host:	The host of this meet is the City of Atlanta Dolphins Swim Team.
Meet Manager:	The Meet Manager for this meet is: Adrian Haywood –404-658-1436
Meet Director:	The Meet Director for this meet is: Tommy Jackson – 404-505-3189
Facility:	Washington Park Aquatics Center Washington 102 Ollie Street Atlanta, Ga. 30314 The pool is ten lanes 25- yards with a separate 25-yards pool for warm-downs, water depth ranging from shallow end of five feet to nine feet on the deepest end. An Omega timing system with a ten lanes scoreboard is used. There is ample seating in the bleachers and on deck. Parking is also available.
Format:	All events will be conducted as timed finals.
Eligibility:	This meet is open to all swimmers registered with United States Swimming, Inc. ALL Teams and Swimmers must be registered with United State Swimming. This is not an approve swim meet. This is a sanction swim meet. <u>Non-registered swimmers and teams will not be allowed to participate in the meet. It is the coach's responsibility to make sure his/her team and swimmers are registered with United State Swimming.</u>
Rules:	The current USA Swimming rulebook will Govern the conduct of this meet unless otherwise stated herein. All officials must wear current USA card while on deck and present Official certification card at check-in. Coaches must present, upon check-in, a current USA coaches certification card. <i>Swimmers are responsible for swimming in their assigned heat and lane.</i>
Entry Fees:	Entry fees are as follows: Individual events: \$3.75 per event

Individual late entries: **\$7.50 per event**
Relays: **\$6.00 each relay**
Late relay entries: **\$12.00 each relay**

In addition, Georgia Swimming Inc requires a \$2.00 surcharge for each out-of-state swimmer entered.

Please include a check with your entries. Make checks payable to the City of Atlanta Dolphins Swim Team.

Entry Limit: Swimmers may enter up to (5) individual events per day. This meet will be limited to the first **350** swimmers entered; however, the meet committee reserves the right to determine the final number of entries.

Time Standards: There are no qualifying standards for this meet.

Late Entries: Late entries will be accepted for empty lanes only and no additional heats will be created to accommodate late entries. **All late entered swimmers must have their USA registration card verified by the Clerk of Course.** All entries must be paid at the time the entry is made.

Entry Deadline: All entries must be received on or before **Monday October 26, 2009**. Please mail the entry disk, copy of entries, summary sheet and your check to:

Tommy Jackson
Adamsville Natatorium
3201 Martin Luther King Jr. Drive
Atlanta, Ga. 30311

E-mail entries to jack9687@bellsouth.net Coach Jackson

Seeding: All events 400 yards and longer will be decked seeded and swum fast to slow, alternating women then men.

400 IM, 500 and 1000 free may be limited to the fastest 50 seeded swimmers per event.

The 1000 free will be scored and awarded by age groups.

Swimmers should be prepared to provide an individual to count laps for 500 and 1000 free.

Check-in: Swimmers must sign in with the clerk of course according to the following schedule:

Friday: By 5:00 pm for 400 IM and 500 free

	Saturday: By 3:00 pm for 1000 free
Scratch Rule:	The Georgia Scratch Rule (adopted 09/23/06) will be in effect.
Warm-up:	The warm-up procedures, as developed by Georgia Swimming, Inc. and approved by USAS, will be strictly enforced. Warm-up times and lane assignments will be posted at the pool and each team will be required to furnish a USAS-certified coach to monitor their warm-ups. Continuous warm-ups and cool-downs are permitted in the small pool as long as swimmers are supervised.
Scoring:	Scoring will be calculated as follows: 9-7-6-5-4-3-2-1 for individual events. Team points will be awarded to the top 8 places in each age group.
Awards:	Team trophies for 1 st - 4 th . Individual high point trophies will be Awarded to the top three (3) males and females of each age group. Medals will be awarded to the top 3 finishers and ribbons will be awarded to the next 7 finishers in each individual event. Ribbons will be awarded to top three relays.
Concession:	The usual snacks and refreshments will be available at the concession stand.
Results:	Results from the meet will be posted at http://www.swimcad.com .
Safety:	The safety marshal for the entire duration of the meet will be Charles Canady.
Officials:	The Referee of the meet will be James R. Terry. You may contact him at 404-658-6462 . The host team welcomes and encourages the assistance of certified officials from visiting teams. There will be an officials meeting <i>one hour</i> prior to the start of each session.
Liability:	The City of Atlanta Department of Recreation and Aquatics Office, The City of Atlanta Dolphins Swim Team, Georgia Swimming, Inc. and USA Swimming, Inc., shall be free from any liabilities or claims for damage of any kind arising by reason of injury to anyone or property during the conduct of this meet or during the travel to and from the meet.

Order of Events
Friday, November 13, 2009
Warm-up 4:50- 5:50 p.m.
Meet Starts 6:00 p.m.

Girls Event #	Age Group	Event	Boys Event #
1	13& Over	400 IM	2
3	11-12	200 IM	4
5	10 & UN	200 IM	6
7	13& Over	500 Free	8
9	12& UN	500 Free	10

Order of Events Saturday Morning
November 14, 2009
Warm-up 7:20- 8:20 a.m.
Meet Starts 8:30 a.m.

Girls Event #	Age Group	Event	Boys Event #
	11-12	200 Free	12
13	10 & UN	200 Free	14
15	8&UN	25 Free	16
	11-12	100 Back	18
19	10 & UN	100 Back	20
21	8 & UN	25 Back	22
	11-12	50 Fly	24
25	10 & UN	50 Fly	26
27	8 & UN	25 Fly	28
	11-12	100 Breast	30
31	10 & UN	100 Breast	32
33	8&UN	25 Breast	34
	11-12	50 Free	36
37	10 & UN	50 Free	38
39	8 & UN	50 Free	40
	11-12	200 MEDLEY RELAY	42
43	10 & UN	200 MEDLEY RELAY	44
45	8&UN	100 MEDLEY RELAY	46

Order of Events Saturday Afternoon
November 14, 2009
Warm-up 12:50- 1:50 p.m.
Meet Starts 2:00 p.m.

Girls Event #	Age Group	Event	Boys Event #
11	11-12	200 Free	
47	13-14	200 Free	48
49	SENIOR	200 Free	50
17	11-12	100 Back	
51	13-14	100 Back	52
53	SENIOR	100 Back	54
23	11-12	50 Fly	
55	13-14	100 Fly	56
57	SENIOR	100 Fly	58
29	11-12	100 Breast	
59	13-14	200 Breast	60
61	SENIOR	200 Breast	62
35	11-12	50 free	
63	13-14	50 Free	64
65	SENIOR	50 Free	66
41	11-12	200 MEDELY RELAY	
67	13-14	200 MEDELY RELAY	68
69	SENIOR	200 MEDELY RELAY	70
	10 MINUTE	BREAK	
71	OPEN	1000 FREE	72

**Order of Events Sunday Morning
November 15, 2009
Warm-up 7:20- 8:20 a.m.
Meet Starts 8:30 a.m.**

Girls Event #	Age Group	Event	Boys Event #
	11-12	100 Free	74
75	10 & UN	100 Free	76
77	8 & UN	100 Free	78
	11-12	50 Back	80
81	10 & UN	50 Back	82
83	8 & UN	50 Back	84
85	8 & UN	50 Fly	86
	11-12	100 Fly	88
89	10 & UN	100 Fly	90
91	8 & UN	50 Breast	92
	11-12	50 Breast	94
95	10 & UN	50 Breast	96
97	8 & UN	100 IM	98
99	10 & UN	100 IM	100
	11-12	100 IM	102
103	8 & UN	100 FREE RELAY	104
105	10 & UN	200 FREE RELAY	106
	11-12	200 FREE RELAY	108

**Order of Events Sunday Afternoon
November 15, 2009
Warm-up 12:50 – 1:50 p.m.
Meet Starts 2:00- p.m.**

Girls Event #	Age Group	Event	Boys Event #
73	11-12	100 Free	
109	13-14	100 Free	110
111	SENIOR	100 Free	112
79	11-12	50 BACK	
113	13-14	200 BACK	114
115	SENIOR	200 BACK	116
87	11-12	50 Fly	
117	13-14	200 Fly	118
119	SENIOR	200 Fly	120
93	11-12	50 Breast	
121	13-14	100 Breast	122
123	SENIOR	100 Breast	124
101	11-12	100 IM	
125	13-14	200 IM	126
127	SENIOR	200 IM	128
107	11-12	200 FREE RELAY	
129	131-14	200 FREE RELAY	130
131	SENIOR	200 FREE RELAY	132

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Entry Summary

Team _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Phone _____ Home _____ E-mail _____

ALL COACHES FROM YOUR TEAM, PRESENT AT THE MEET, MUST BE LISTED

Coach _____ Coach _____

Coach _____ Coach _____

Coach _____ Coach _____

For entry problems call or e-mail _____

Total individuals events _____ x \$3.75= _____

Total Relay Events _____ x \$ 6.00= _____

Total number swimmers surcharge _____ x \$ 2.00= _____

(None-Georgia swimmers only)

Total fees submitted _____

Submit one check payable to City of Atlanta Dolphins Swim Team.

Entries must be received on or before October 26, 2009. Mail entries to:

Tommy Jackson
Adamsville Natatorium
3201 Martin Luther King Jr. Drive
Atlanta, Georgia 30311
E-mail entries to jack9687@bellsouth.net

WAVIER, ACKNOWLEDGEMENT AND LIABILITY RELEASE:

Undersigned coach, the team or I representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with U.S. SWIMMING.

I acknowledge that I am familiar with the safety rules of U.S. Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Georgia Swimming, Inc., U.S. Swimming, City of Atlanta Dolphins and City of Atlanta, its employees and coaches shall be free from any liability or claim for damages rising by reason of injury to anyone during the conduct of the meet.

Signature/Title _____

Date _____

**GEORGIA SWIMMING INC.
SCRATCH RULE**

The Scratch Rule used in all meets in Georgia where the meet format has preliminary heats, consolation finals, and finals is the same "Scratch Rule" as that found in the current USA Swimming Rules and Regulations. Certain LSC additions listed below apply to all timed final meets as well.

"D. Scratching from finals:

1. Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet.
A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
2. In the event of withdrawal or barring of a swimmer from competition the Referee shall fill the C, B, or A (bonus and consolation final or) final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
3. Where C and B (bonus and consolation) finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the C, B, or A (bonus final, consolation final or) final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
4. If the C or B (bonus and consolation) final has already been contested, the companion final shall be swum without reseeding for the empty lane(s).

E. Exceptions for failure to compete – No penalty shall apply for failure to withdraw or compete in an individual event if:

1. The Referee is notified in the event of illness or injury and accepts the proof thereof.
2. A swimmer qualifying for a C, B or A (bonus or consolation final or) final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer."

LSC ADDITIONS:

1. Swimmers that qualify for any additional heats beyond the above mentioned "C, B and A" final races will also be subject to the above rules concerning scratching from finals.

2. In deck seeded events, a swimmer who has checked in, been seeded and fails to compete in said event, shall be barred from his or her next individual event, except as noted in section E above. **This rule also applies in timed finals meets where the meet management has placed limits on the number of heats to be contested or the number of individual entries to be accepted for deck-seeded events, unless otherwise stated in the Meet Information.**
3. There is no scratch rule governing relays and there is no penalty regarding relay scratches.
4. **Qualifiers for all finals heats** and first and second alternates are **those as** identified on the original results of the preliminary heat.
5. The meet official designated to receive initial intentions not to compete and final intentions shall be announced at the beginning of each session. It is suggested that this official be the Clerk of Course.
6. On the final day of LSC Championship competition, any swimmer who has checked in for finals and fails to show will be assessed a \$50 fine. This fine must be paid before the next LSC Championship meet in which the swimmer intends to compete or the swimmer will be barred from competition.
7. “Positive check-in” , (for deck seeding), designating a swimmer’s intent to swim a race, shall be denoted by the swimmer’s or coach’s initials next to the swimmer’s name on the official entry sheet posted at the Clerk of Course.

HOD

Adopted by the

September 23, 2006